Villa Essencia

Region: Portugal **Sleeps:** 20

Overview

Villa Essencia offers a retreat on the Atlantic coast cliffs of Azenhas do Mar, just a few minutes' walk from the sea and the village's natural rock pool. Perfect for families, friends or groups, this house sleeps up to 18–20 guests across nine bedrooms - making it ideal for get togethers, escapes with loved ones, or intimate celebrations.

Inside, the atmosphere blends simplicity with thoughtful touches: rooms are furnished with high quality bedding and soft, natural materials, each opening onto a balcony - an invitation to soak up sea breezes and sunset colours over the Atlantic.

Shared spaces include a welcoming lounge with fireplace and an indoor plunge pool, offering comfort even on cooler days.

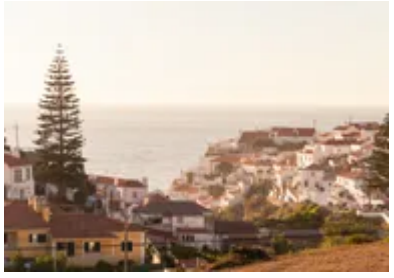
Whether you begin your day with the light breakfast buffet or gather later in the garden with a drink in hand, the villa encourages a slower pace - one centred on connection, natural beauty, and quiet moments.

Expect walks to the beach, cliff side sunset strolls, and the chance to explore both local surf culture and nearby cultural gems in Sintra. For groups, families or those after a restful coastal escape, Villa Essencia offers comfort, flexibility and a deeply calming sense of place.



Facilities

Weddings • Surfing • Wellness • Tennis Nearby • Historical Sites • Watersports • Air-Con • Horse Riding • <1hr to Airport • Private Pool • Working Fireplace/Woodburner • Walking/Hiking Paths • Walk to Village • Chef/Cook Available • Maid Service Available • Walk to Beach • All Bedrooms En-Suite • Wi-Fi/Internet • Seaview • BBQ • Rural Location • Decorated for Christmas • On-Street Parking • Washing Machine • Outstanding Landscapes • Coffee Machine • Outdoor Pursuit & Activities • Hairdryer • Tourist Towns & Villages • Laptop Friendly Workspace • Indoor Games • Tumble Dryer • Dishwasher • Microwave • Fire Pit • Heating • Pre-Stocked Fridge Available • Yoga Classes Available • Wine-Tasting Available • Breakfast Included • Fenced Grounds







Interior & Grounds









Villa Interiors

Ground Floor

- Common area with open plan kitchen, living area
- Indoor plunge pool

First Floor

- 3 x double bedrooms
- Twin bedroom with two single beds (can be adapted into a triple room with an additional bed on request - please enquire for more details)
- Shared bathroom
- Entrance area connecting to common spaces

Second Floor

- Twin bedroom with two single beds
- 2 x double bedrooms

Third Floor

- One flexible bedroom with either a double bed or two singles (Double/Twin)
- One suite with a double bed and sofa bed

Outside Grounds

- Landscaped garden with surrounding natural views and garden furniture
- Furnished balconies with sea, valley or garden outlooks

Additional Facilities

- Wi-Fi
- Concierge support for planning and local tips
- Books and reading materials available

Location & Local Information

Villa Essencia is situated in the village of Azenhas do Mar, within the broader Sintra region - a coastal community that offers a unique mix of sea□facing charm and easy access to cultural hubs. Just a short drive from Sintra and under an hour from Lisbon, the village merges convenience with the sensation of coastal escape.

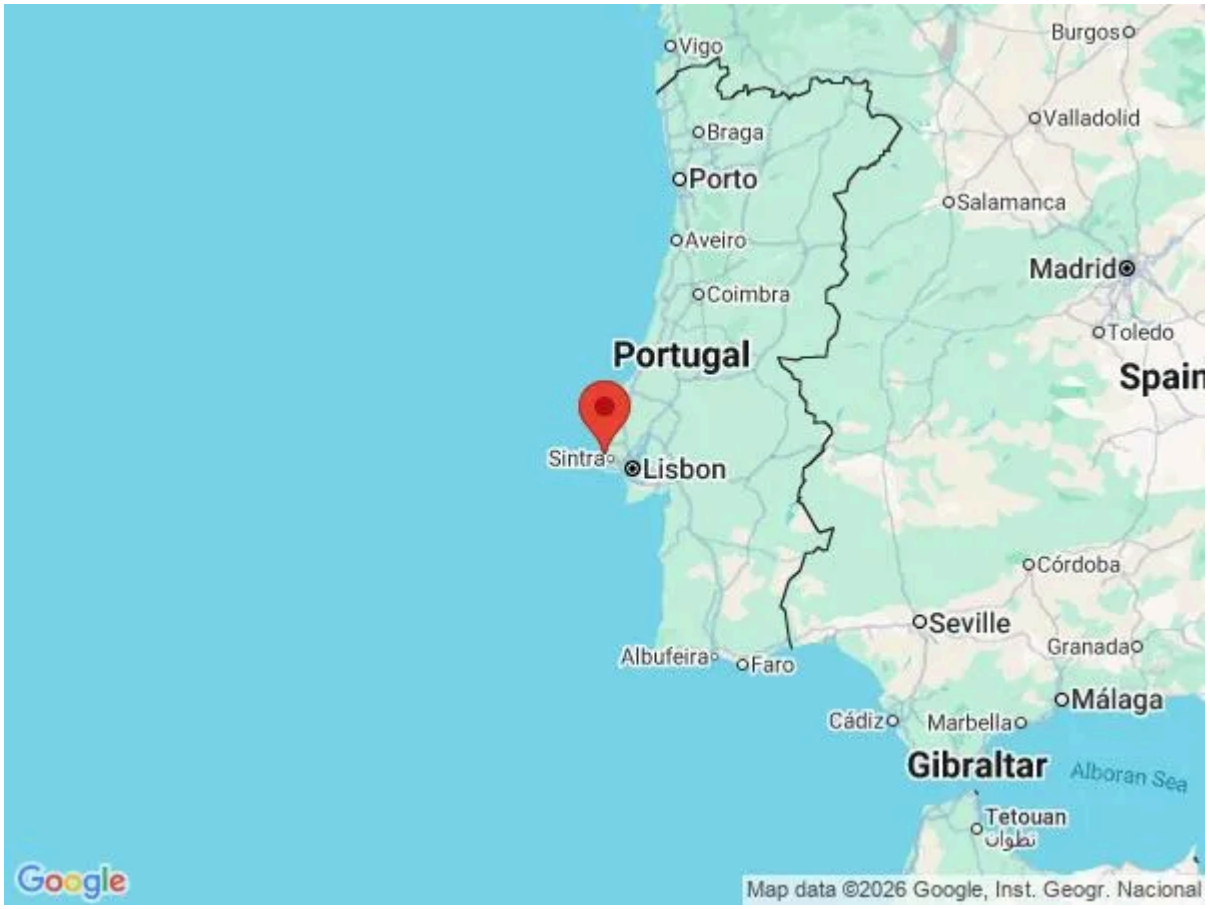
From the villa, guests can walk to the sea or to a rocky□pool carved into the Atlantic coast - a distinctive local feature that adds to the locale's appeal.

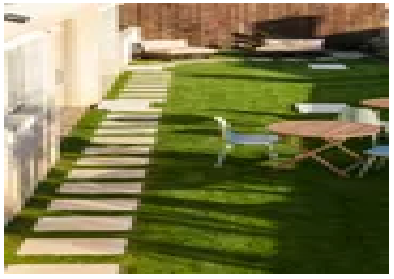
Narrow lanes and traditional whitewashed houses give the village its character, and the village's proximity to beaches and coastal paths provides opportunities for scenic walks, beach days or surf outings.

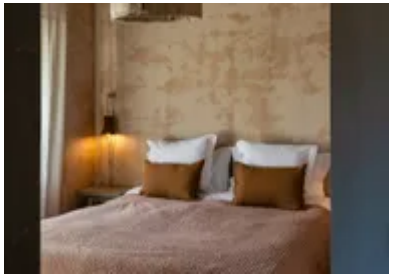
For those interested in broader exploration, the famous palaces, gardens and historic sites of Sintra are easy to reach - making the villa a convenient base both for beach□side relaxation and cultural discovery.

Local Amenities

Nearest Airport	**Humberto Delgado Airport (40km)**
Nearest Beach	**(900m)**
Nearest City	**Amadora (30km)**
Nearest Golf	**Penha Longa Atlântico Golf course (18km)**
Nearest Restaurant	**(350m)**
Nearest Supermarket	**(650m)**
Nearest Tennis	**Grow Tennis Academy (9km)**









What we love

- A flexible layout with ten bedrooms across three floors - ideal for large families or group retreats
- Serene atmosphere enhanced by minimalist design, natural materials, and soft tones
- Indoor plunge pool adds comfort and convenience to a wellness-focused stay

What you should know...

- Quiet hours are in place from 22:00 to 08:00 to maintain the restful ambiance.
- Azenhas do Mar is a peaceful coastal village - best suited to guests looking for a relaxed and contemplative break rather than nightlife or resort-style amenities.

Terms & Conditions

- **Security deposit:** A security deposit may be required for this property - please enquired for more details.

- **Arrival time:** 4.00 p.m.

- **Departure time:** 11.00 a.m.

- **Energy costs included?:** Yes.

- **Linen & towels included?:** Linen is included, towels are not included.

- **Pets welcome?:** On request only and with prior agreement with the owner.

- **Other Ts and Cs:** Weddings, stag/hen parties and any special events are on request only and subject to prior arrangement with the owner and additional charges.

- **Changeover day:** Flexible.

- **End of stay cleaning:** Standard changeover clean and mid-stay cleaning are included in the price. Guests are required to leave the accommodation clean, tidy and in the same condition as on their arrival. Any extra cleaning, laundry, maintenance and/or rubbish disposal required will be charged against the security deposit.

- **Smoking Allowed?:** Outside only.

- **Minimum stay:** 2 nights.

- **Heating costs included?:** Yes.

- **Tax:** Portuguese Visitors Tax payable locally in cash (typically costs €1-€10 per adult per night - please enquire if exact amount is required).

- **Internet access?:** Wi-Fi internet access included.

- **Pool towels included?:** Not included.